



Arkansas State University
Dean B. Ellis Library

HEALTH, PHYSICAL EDUCATION, & Library SPORT SCIENCES Resources

<http://www.library.astate.edu>

Many types of resources are available to you throughout the Dean B. Ellis Library. This guide is intended to help you find both print and online physical education resources. Please note: this guide is only a starting point for your research, it is not meant to be a comprehensive list of resources. If you need further assistance, please visit the Reference Desk in the library.

Finding Books In The Dean B. Ellis Library

All books in the library are arranged by subject using the Library of Congress classification system for call numbers and subject headings. The call number for physical education begins with “**GV**”. The basic breakdown is as follows:

GV201-GV558	- Physical Education, Training, and Fitness
GV561-gv1198	- Sports, Coaching, and Officiating
RA781	- Exercise for Health
RC1200-RC1230	- Sports Medicine
RC1235-RC1245	- Physiology of Sports
RD97	- Sports Injuries
RJ133	- Motor Development and Exercise in Children

The numbers that follow these beginning letters relate to the narrower scope of the item, for example: Physical Education Training—Coaching (GV365 .S75 2006) vs. Sports and Physical Education (GV401-GV433). Occasionally a totally different call number will appear. This means the item is about more than agriculture and higher importance was given to the other subject when the call number was assigned.

Selected Reference Books

The Reference collection is located on the second floor of the library.

Cross, Gary S. Encyclopedia of Recreation and Leisure in America, 2 vol. Farmington Hills, MI: Charles Scribner's Sons, 2004. **REF. GV53 .E53 2004**

Jenkins, Simon P.R. Sports Science Handbook: The Essential Guide to Kinesiology, Sport and Exercise Science, 2 vol. Brentwood, Essex: Multi-Science, 2005. **REF. GV558 .J46 2005**

Kent, Amy L. Oxford Dictionary of Sports Science and Medicine. 3rd ed. Oxford: Oxford UP, 2006. **REF RC1206 .O94 2006**

Shannon, Joyce B., ed. Sports Injuries Sourcebook: Basic Consumer Health Information About the Diagnosis, Treatment, and Rehabilitation of Common Sports-Related Injuries in Children and Adults Along with Suggestions for Conditioning and Training, Information and Prevention Tips for Injuries Frequently Associated with Specific Sports and Special Populations, a Glossary, and a Directory of Additional Resources. 2nd ed. Detroit, MI: Omnigraphics, 2002. **REF RD97 .S736 2002**

2005-2006 Educators' Guide to Free Health, Physical Education and Recreation Materials. 40th ed. Randolph, WI: Educators' Progress, 2007. **REF GV201 .E38**

Current Books That Can Be Checked Out

***You can use the call number to browse the shelf for similar materials** These books are labeled "General Collection" in the online catalog and are located on the third, fourth, and fifth floors of the library. If the books are checked out you may place a recall or hold at the Circulation desk.*

Bernard-Opitz, Vera. Children with Autism Spectrum Disorder: A Structured Teaching and Experience-Based Program for Therapists, Teachers, and Parents. PRO-ED: Austin, TX, 2007. **RJ506 .A9 .B37 2007**

Haerens, Margaret, ed. Sexually Transmitted Diseases. Detroit: Greenhaven, 2006. **RC200.25 .S48 2006**

Jowett, Sophia and David LaVallee, eds. Social Psychology in Sport. Champaign, IL: Human Kinetics, 2007. **GV706.4 .J69 2007**

Kamhi, Alan G. and Karen Pollock, eds. Phonological Disorder in Children: Clinical Decision Making in Assessment and Intervention. Baltimore, MD: Paul H. Brookes, 2005. **RJ496 .S7 .P464 2005**

Keenan, Mickey, ed. Applied Behavior Analysis and Autism: Building a Future Together. London, Philadelphia, PA: Jessica Kingsley, 2006. **RC553 .A88 .A77 2006**

Knight, Kenneth L. Cryotherapy in Sport Injury Management. Champaign, IL: Human Kinetics, 1995. **RD97 .K65 1995**

Murrey, Gregory J., ed. Alternate Therapies in the Treatment of Brain Injury and Neurobehavioral Disorders: A Practical Guide. New York: Haworth, 2006. **RC387.5 .A498 2006**

Rosenberry-McKibbin, Celeste and M. Hegde. Advanced Review of Speech-Language Pathology: Preparation for PRAXIS and Comprehensive Examination. 2nd ed. Austin, TX: PRO-ED, 2006. **RC423 .R66 2006**

Sanders, Roger C. and Sarah Baker, eds. Clinical Sonography: A Practical Guide. 4th ed. Philadelphia, PA: Lippincott Williams & Wilkins, 2007. **RC78.7 .U4 .C585 2007**

Sultz, Harry A. and Kristina Young. Health Care USA: Understanding its Organization and Delivery. Sudbury, MA: Jones and Bartlett, 2006. **RA395 .A3 .S897 2006**

Online Databases, Indexes & Abstracts

Some of these databases provide the full text of the articles, while others provide only citations and/or abstracts. All are accessed by clicking on the "Article Databases" link from the library homepage.

Database	Full Text	Other Information
Academic Search Complete	Some	Broad subject database with focus on health, sports science, & education materials
ERIC	Some	Includes citations & abstracts on sports education & health
Health and Wellness Resource	All	Provides access to medical reference materials
Health Source: Consumer Education	Some	Broad health coverage including sports medicine
MEDLINEplus	All	Provides extensive information about medical issues & drugs
ScienceDirect	Some	Provides full text, citations & abstracts concerning health, education, & sports science

Available Print Journals In The Dean B. Ellis Library

Print journals from 1980 to present are located on the second floor in the tower and are shelved alphabetically by the title of the journal.

Alternative Therapies in Health and Medicine
 American Journal of Health Education
 American Journal of Health Promotion
 International Journal of Sport Nutrition And
 Exercise Metabolism
 International Journal of Sports Medicine

Journal of Sport & Exercise Psychology
 Journal of Sports Economics
 Journal of Sports Media
 Medicine and Science in Sports Exercise
 Journal of Sports Medicine and Physical
 Fitness

Currently Available Online Journals

Online journals are accessed via the library's web page by clicking on "Electronic and Print Journals Catalog".

Online Journal Title	Available Through
American Fitness	Academic Search Complete, Health & Wellness Resource Center
Idea Fitness Journal	Health & Wellness Resource Center
International Journal of Sports Physiology & Performance	Human Kinetics Journals
Journal of Bone and Joint Surgery: American Volume	Journals@Ovid, Academic Search Complete
Journal of Teaching in Physical Education	Human Kinetics Journals
Physical Therapy in Sport	ScienceDirect
Psychology of Sport and Exercise	ScienceDirect

Government Information Resources

Additional Clarification of Intercollegiate Athletics Policy : Three-Part Test, Test Three. Washington, D.C.: U.S. Dept. of Education, 2005. **ED 1.2:AT 4**

Steroid Abuse in Today's Society: A Guide for Understanding Steroids and Related Substances. March 2004 ed. Washington, D.C: Drug Enforcement Administration, Office Of Diversion Control, 2004. **J 24.8:ST 4/3**

Web Sites – Government

<http://www.fda.gov> Food and Drug Administration
<http://www.healthfinder.gov> Health Finder
<http://www.nih.gov> National Institutes of Health
<http://www.hhs.gov> U.S. Department of Health and Human Services

Web sites – Other Physical Education Related

<http://www.aahperd.org> American Association of Health Education
<http://www.acefitness.org> American Council on Exercise
<http://www.aakpe.org> American Academy of Kinesiology and Physical Education
<http://www.fims.org> International Federation of Sports Medicine
<http://www.nscs-lift.org> National Strength and Condition Association
<http://www.womenssportsfoundation.org/cgi-bin/iowa/index.html> Women's Sports Foundation
<http://www.ncaa.org> National Collegiate Athletic Association
<http://www.nata.org/> National Athletic Trainers' Association

<http://www.apta.org> American Physical Therapy Association
<http://www.asadurango.org> Adaptive Sports Association
<http://www.specialolympics.org> Special Olympics

Microforms

Microforms are located on the second floor of the library. You may make prints from the microfiche and microform for 10 cents per page.

Fraser, Melissa Grace. Coping Strategies Used by Collegiate Athletes to Continue Performing with Pain. [Microfiche]. Eugene, OR: U of Oregon, 2006. **MICROFICHE 9483**

Hedstrom, Ryan A. Developing Coach: A Season-Long Investigation of Coaching Efficacy and Coaching Competency, Feedback and Practice Behaviors. [Microfiche]. Eugene, OR: U of Oregon, 2006. **MICROFICHE 9447**

Miller, Amy J. Shy Athletes and Athletic Healthcare. [Microfiche]. Eugene, OR: U of Oregon, 2006. **MICROFICHE 9486**

Moffett, Aaron Christopher. Paving the Road to Success: Using Sport to Teach Life Skills to Children Who Have Physical Disabilities. [Microfiche]. Eugene, OR: U of Oregon, 2005. **MICROFICHE 9357**

Weiss, Leigh Jordan. Effects of an Exhaustive Bout of Exercise on Neurocognitive Performance in Recreational Athletes. [Microfiche]. Eugene, OR: U of Oregon, 2006. **MICROFICHE 9455**

Media

All media items are located in the Media Services department on the first floor of the library.

Bishop, Tim and Jay Shiner. Power for Sports Performance. DVD. Champaign, IL : Human Kinetics, 2007. **GV711.5 .P69 2007**

Hendrick, Allen. Strength for Sports Performance. DVD. Champaign, IL: Human Kinetics, 2007. **GV711.5 .S77 2007**

Athletes, Alcohol and Steroids: What's Wrong with this Picture? DVD. Mount Kisco, NY: Human Relations, 2005. **RC1230 .A84 2005**

Clark, Kristine L. Nutritional Supplements. Videocassette. Revised ed. Produced by the American College Of Sports Medicine and the Monterey Bay Video Production Company. Monterey, CA: Healthy Learning Videos, 2005. **RM258.5 .N88 2005**

Strength in the Balance: A Stability Ball and Chi Ball Workout. Videocassette. Produced by Monterey Bay Video Production Company in cooperation with the American College Sports Medicine. Monterey, CA: Healthy Learning Videos, 2004. **RA781.2 .S77 2004**

Importance of Weightlifting Movements in Sport. DVD. Produced in cooperation with NSCA National Strength and Conditioning Assoc. Monterey, CA: Healthy Learning; New York, NY: Distributed by Insight Media, 2006. **GV546.3 .I47 2006**

Training and Support are the Key. Videocassette. Produced by General Learning Communications for Authentic Assessment & Documentation, Magna Systems, Inc. Written by Lea Shapiro. **LB1139.25 .T73 2004**

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