

[Health Promotion Degree Requirements](#)

**BS in Health Promotion 2005-06**

- ❖ 2.0 GPA required for graduation
- ❖ Must have a C in all major course requirements
- ❖ Must attend pre-internship and internship meetings
- ❖ Must be a member of a professional organization prior to enrolling in the internship
- ❖ Internship can only be completed during the last semester of the degree program and it is recommended that all major course requirements be completed prior to the internship semester.
- ❖ Degree requires 124 hrs to graduate with 45 jr/sr hours required after first 30 hrs

**HEALTH PROMOTION MAJOR COURSE REQUIREMENTS - 74 HRS**

ZOOL 2001/2003 A & P I	_____
ZOOL 2011/2013 A & P II	_____
NRS 2203 Basic Human Nutrition	_____
HP 2013 Medical Terminology,	_____
ELED 3063 Integration of Technology into Curriculum	_____
SOC 3343 Soc. of Aging <b>OR</b> NRS 3353 Aging and the Older Adult	_____
JOUR 3673 Desktop Publishing & Publication Design	_____
ES3623 Tech. of Phys. Assessment	_____
ES 3653 Tech. Aerobic Conditioning	_____
ES 3543 Human Anatomy	_____
ES 3553 Basic Physiology of Activity	_____
ES 4693 Techniques of Strength Training & Conditioning	_____
HLTH 2513 Principles of Personal Health	_____
HLTH 2523 First Aid & Safety	_____
HLTH 2883 Foundations in Health	_____
HLTH 3523 Public and Community Health	_____
HLTH 3563 Human Sexuality	_____
HLTH 4513 Consumer Health	_____
HLTH 4523 Current Issues in Health	_____
HLTH 4543 Drug Use & Abuse	_____
HLTH 4633 Health Promotion Assessment and Planning	_____
HLTH 4643 Health Promotion Implementation and Evaluation	_____
HLTH 4896 Internship	_____

**ELECTIVES – 4 HRS**

## **Bachelor of Science (BS) in Health Promotion**

**Degree:** Bachelor of Science

**Major:** Health Promotion

**Program Description:** The health promotion degree provides students with a body of knowledge that prepares them for employment in public, community and private health organizations. Health promotion consists largely of health education activities but also requires an individual to have skills in a number of areas such as: needs assessment, program evaluation, planning and implementing programs, coordinating health services, communicating health needs to policy making groups and serving as a resource for health information

**Program Requirements:** The health promotion degree requires students to complete 46 general education hours, 74 hours of health promotion major courses,. In addition, students must select 4 hours of electives to complete the 124 credit hour degree program.

**Career Opportunities:** As stated under the program description, employment opportunities are available in public, community, and private settings. In particular, graduates of the Arkansas State University program may find employment with state and local health departments, private non-profit organizations, hospitals, and corporate or school wellness programs. The focus of most of the employment opportunities is going to be the provision of health education to a variety of groups. In particular, hospitals and health departments employ community health education specialists. Corporate and school wellness programs hire people to direct offerings in fitness, nutrition, safety, and smoking cessation.

**Certifications:** The most common certification expected or required of those with a degree in health promotion is the Certified Health Education Specialist offered by the National Commission for Health Education Credentialing, Inc. Additional certification that may be beneficial include: personal fitness trainer, aerobics instructor, exercise test technologist, and program director. Most agencies also require employees to be certified in First Aid and cardiopulmonary resuscitation (CPR).

**Professional Organization affiliations:** The following organizations are most common to the health promotion degree: American College Health Association, American Public Health Association, American School Health Association, American Association for Health Education, Society for Public Health Education, Inc., International Union for Health Promotion and Education, American College of Sports Medicine, National Strength and Conditioning Association, American Council on Exercise, and the American Alliance for Health, Physical Education, Recreation and Dance.

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